

NOVEMBER 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ATLAS PREPARATORY	1 Corn Dog Carrots and Celery w/dip Chilled Peaches	2 Beefy Burrito w/salsa Garden Salad Canned pears	3 Hot Pocket Spinach Salad Fresh Plums	4 Popcorn Chicken Broccoli Salad Pineapple Pudding	5 Ham & Cheese Wrap Tomatoes and Cucumbers w/ dip Mandarin Oranges
	8 Steak Sandwich Fresh Salad Chilled Fruit	9 Chicken Fajita Chips w/ salsa Applesauce Cake	10 Hamburger on a Bun Green Bean Salad Pudding	11 BBQ Rib Sandwich Coleslaw Chilled Peaches	12 Chicken Nuggets Fresh Veggies w/ dip Fresh Fruit Roll
	15 Hot Pocket Spinach Salad Pudding	16 Soft Beefy Taco Chips w/ salsa Chilled Fruit	17 Hot Dog Tomatoes and Cucumbers w/ dip Warm Cinnamon	18 2 Egg Rolls Pineapple Warm Biscuit	19 Turkey and Cheese Wrap Fresh Veggies w/dip Oranges
MENU SUBJECT TO CHANGE	NO SCHOOL ENJOY YOUR BREAK				
	29 Chicken Sandwich Spinach Salad Chilled Fruit	30 Cheese Burger Garden Salad Fresh Peach Bread	♥ Healthy Choices All Meals Offered with the Following Choices: Skim Milk 0% Fat or Chocolate Milk 1% Fat		